

Shenithia Arnold, EdD, LPC, ACS, NCC
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Information for Supervisees

ABOUT YOUR SUPERVISOR...

Dr. Shenithia Arnold is a Licensed Professional Counselor in the state of Georgia as well as a Nationally Certified Counselor through the National Board for Certified Counselors. Presently, Shenithia holds a Doctorate in Counselor Education & Supervision, a Master of Arts in Community Counseling, and a Bachelor of Arts in Psychology. She has over 10 years of professional experience providing services for adolescents, teens, and adults in various settings including psychiatric facilities & institutions, private practice, in-home and community service centers, the juvenile justice center, and managed care companies. Dr. Arnold is the owner and founder of Journey2Greatness, LLC whereby she services adolescents and adults through individual, group, and family therapy. Additionally, Dr. Arnold is an adjunct professor at Liberty University Online Programs whereby she teaches Master and Doctoral level students in the Department of Counselor Education & Family Studies. Her career trajectory includes that of an Approved Clinical Supervisor, Mental Health Consultant, and Licensed Professional Counselor. As a licensed professional, Shenithia has general competence in various areas of mental health. However, her specialty areas include behavioral modification, cultural/ethnic issues, Christian counseling, depressive disorders, gay/lesbian issues, inpatient care management, stress management, and women's issues. After 3 years of graduate education specific to supervision, over 12 continuing education credits specific to supervision, and 1-2 years of practical experience as a clinical supervisor, Shenithia is also qualified to provide supervision in the state of Georgia.

THE SUPERVISION PROCESS....

The purpose of supervision is to provide supervisees the opportunity to increase knowledge and skills by participating in discussions and activities that are consistent with academic, professional, & organizational standards as well as the supervisees career objectives. Supervision is offered weekly, via individual and/or triadic formats.

Supervisees are expected to engage in instructional activities during supervision to which may include lectures, presentations, discussions, group-work, and other activities as decided by the supervisor. Supervisee's are encouraged to present material to review and discuss. Supervisees are expected to establish personal and professional goals related to personal challenges, challenging populations, and/or difficult cases, etc.

Supervisees are expected to demonstrate a conceptual understanding of theoretical orientations and the clinical practices of counselors. Additionally, supervisees will be assessed on the

application of theory to practice infusing the principles and standards as outlined in the ACA Code of Ethics. Supervisees are expected to demonstrate a commitment to personal and professional development including ongoing self-reflection, personal and professional growth, and receptiveness to feedback.

Approach to Supervision

As a clinical supervisor I believe it is important to meet the current needs of the supervisee. Therefore, the supervisor will closely align herself with Bernard's Discrimination Model of Supervision. Bernard's Discrimination Model emphasizes the importance of various supervisory roles. As your supervisor, my role may potentially alternate between that of a therapist, teacher, and/or consultant focusing on processing information, conceptualization, and/or personalization skills. Essentially, this is executed by the supervisor and supervisee first identifying the area of focus and the supervisor then determining which role is most appropriate to respond with. The overall objective of supervision is to meet the current needs of the supervisee within the scope of the supervisor's clinical expertise, practice, as well as professional ethics.

The evaluation process is ongoing. The clinical supervisor will use both formal and informal means of evaluation (i.e., tape reviews, live observations, case vignettes, etc.). The supervisor is always open for feedback and potential modification.

Privacy and Confidentiality in Supervision

Supervisees are expected to ensure that the identities of their clients are kept confidential. Therefore, supervisees are asked to avoid the use of client's names during discussions, assignments, and/or documentation by indicating that client names are fictitious. Supervisees are expected to use pseudonyms at all times and make certain all other identifying information is kept confidential. As a clinical supervisor, Shenithia holds the same respect for her supervisees during consultation sessions with colleagues. Therefore, Shenithia will not disclose any identifying information regarding clients or supervisees in an effort to protect confidentiality and privileged communication. However, supervisees should be knowledgeable regarding the limits to confidentiality which hold the clinical supervisor responsible for contacting appropriate authorities should there be a concern for potential danger to a supervisee or client. In this case, the clinical supervisor will inform the individual of the concern and proceed with additional steps to ensure safety. If a supervisee should have reasons to believe that a client under their care is in danger of hurting themselves or others, then the supervisee is asked to inform the clinical supervisor after working to ensure safety which could possibly include contacting local authorities.

In supervision sessions, supervisees are expected to help create a safe space for emotional disclosure. Therefore, supervisees are asked to refrain from disclosing thoughts and feelings (and any other information) shared during supervision with others who are not in the supervision sessions in an effort to uphold privacy and confidentiality.

CONFIDENTIAL

Fee Schedule

Students enrolled in academic programs receive weekly supervision with a clinical supervisor at their respected institution. As a benefit to the student, supervision fees are included in tuition and is offered at no additional cost to the student.

All other persons receiving supervision (outside of academia) will be charged a weekly fee of \$30 per professional. If a professional is unable to meet the fee he or she may request a sliding scale to which will be granted at the supervisors discretion.

Payments are expected to be made at the start of the session. Any outstanding balances must be paid before proceeding with current session.

IN CASE OF EMERGENCIES

In the Case of an Emergency, supervisee will be notified and given further instructions. Generally, supervisees enrolled in a graduate program will receive supervision from an appointed faculty member within the counseling program. For supervisees outside of academia, the supervisor will notify supervisees at the earliest convenience to inform them of further instructions and next steps. If supervisor is unable to make appropriate contact, supervisees will receive correspondence from Trondi Jerry, LPC, NCC who too abide by professional and organizational Codes of Conduct.

The above contract outlines information pertaining to the process of clinical supervision with Shenithia Arnold. By signing this contract, you agree along with Shenithia Arnold to make all efforts to at minimum, uphold the standards of care as outlined in the professional and organizational codes of ethics. Further, as your supervisor I agree to follow the Approved Clinical Supervisors Code of Ethics in addition to all other credentialing board's code of ethics.

Supervisee Name (printed)_____

Signature of Supervisee_____Date_____

Signature of Clinical Supervisor _____Date_____